

# NCCSIR SEEKS ATHLETIC TRAINER ENGAGEMENT

HELP THE NATIONAL CENTER FOR CATASTROPHIC SPORT INJURY RESEARCH (NCCSIR) CAPTURE SPORT INJURY INCIDENTS TO INFORM SAFER SPORTING CONDITIONS.



Our data informs injury prevention and management



## We need YOU!

ATs engage with all sporting levels, including youth, high school, collegiate, and professional. You are the ones who often see these injuries occur and know about them.

You can **help improve the reporting** of them and make sports safer. Having accurate data on these injuries will help **inform regulations and practices to keep our athletes safe.**

## How to report an injury:

1. Go to [nccsir.unc.edu](https://nccsir.unc.edu)
2. Go to “Click Here to Report a Catastrophic Sports Injury”
3. Select your role
4. Enter information about the athlete, injury event, and injury

## The 5 Most Common Catastrophic Sport Injuries Among U.S. Athletes (2013-2023)

